

MOUNT GAY RUM
TOP JOCKS REGATTA 2010
14 March 2010
Sailing Instructions

Abbreviations:

PC	- Protest Committee	RC	- Race Committee
OA	- Organising Authority	NA	- National Authority
RRS	- Racing Rules of Sailing 2009-2012	SI	- Sailing Instructions
NoR	- Notice of Race	YA	- Yachting Australia
CYCA	- Cruising Yacht Club of Australia	YSA	- Youth Sailing Academy
OWU	- On Water Umpire	RO	- Race Officer

1 RULES

- 1.1 The event will be governed by
- The 'rules' as defined in the RRS of the International Sailing Federation.
 - These SI's, and any amendments.
 - The Notice of Race
 - The prescriptions and special regulations of YA.
 - The rules for the Handling of Boats (SI appendix A), which also apply to any practice sailing. Class rules will not apply.
- When there is conflict the Sailing Instructions shall prevail over the NoR.
- 1.2 The Organising Authority is the Cruising Yacht Club of Australia.
- 1.3 **Changes to Racing Rules**
- The definition Finish is changed to:
A boat *finishes* when any part of her hull, or crew or equipment in normal position, crosses the finishing line in the direction of the course from the last *mark*, either for the first time or after completing any penalties or, under rule 28.1, after correcting an error made at the finishing line. (Amends RRS Definitions)
 - Add to the definition of Proper Course: 'A boat taking a penalty or maneuvering to take a penalty is not sailing a *proper course*'.
 - The first sentence of RRS 44.1 is replaced with: 'A boat may take a voluntary One-Turn Penalty when she has broken a rule of Part 2 (except rule 14 when she has caused damage or injury) or RRS 31 while *racing*.'
 - RRS 64.1 is amended in that the penalty for breaking RRS 14 when damage results will be at the discretion of the PC and may include exclusion from further races in the regatta,
 - RRS 62 is amended in that a boat shall not be entitled to seek redress against an OWU decision.
 - RRS 60-65 are amended, where appropriate with respect to SI15.

2 ENTRIES and ELIGIBILITY

- 2.1 Only teams invited by the OA will be eligible to enter the event.
- 2.2 To remain eligible the entire crew shall complete the Entry Form, registration, pay the damage deposit of AUD\$500 and complete crew weighing, all between 0900-0945 hrs on Sunday 14 March 2010 unless extended by the OA.
- 2.3 The damage deposit is the limit of liability of each skipper for each incident. In the event that a deduction is made from the deposit, the skipper will be required to restore the deposit to the original value to maintain eligibility.
- 2.4 Each skipper is responsible for the damage or loss to their boat unless responsibility is otherwise assigned by the umpire or PC.
- 2.5 After the warning signal for a race the registered skipper shall not leave the helm, except in an emergency.
- 2.6 When a registered skipper is unable to continue in the event, the RC may authorise an original crew member to substitute.
- 2.7 When a registered crew member is unable to continue in the event, the RC may authorise a substitute, a temporary substitute or other adjustment.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located outside the YSA, at the CYCA.
- 3.2 Signals made ashore will be displayed from the YSA Flagstaff located on the top verandah of the YSA.
- 3.3 Skippers shall attend the briefing & boat draw which will be at 0945 hours on Sunday 14 March on the CYCA deck, unless excused by the OA.

4 AMENDMENTS TO SAILING INSTRUCTIONS

- 4.1 Amendments to the SI made ashore will be posted at least 30 minutes before the start of any race affected.
- 4.2 Amendments made afloat will be signalled by the display of flag 3rd substitute with three sound signals. The RC may communicate these either verbally or in writing.

5 BOATS AND SAILS

- 5.1
- The event will be sailed in Elliott 6 type boats.
 - The sails to be used will be allocated by the RC.

5.2 The sail combination to be used will be signalled from the RC boat with or before the attention signal. The signals shall have the following meaning:

Signal	Sail combination to be used
No signal	Full sails (Main, Jib & Spinnaker)
International Code Flag 'J'	No Spinnaker to be used

5.3 A competitor shall not alter, reposition or add to the standard equipment as supplied by the CYCA in accordance with Appendix A.

5.4 Other restrictions or instructions may be given to the boats verbally by an umpire. Flag 3rd substitute is not required.

6 IDENTIFICATION and ASSIGNMENT OF BOATS

6.1 Boats will be identified by the bow number.

6.2 Boats will be drawn at the briefing.

7 CREW

7.1 The total number of crew, including the skipper, shall be three or four. All registered crew shall sail all races.

7.2 The maximum total weight determined prior to racing shall be 272kg, when wearing at least shorts and shirts.

8 SCHEDULE OF RACES

8.1 The warning signal for Race 1 will not be made before 1045hrs.

8.2 The warning signal for subsequent races will be made as soon as possible after the finish of the preceding race..

9 RACING AREA

The intended racing area will be in the vicinity of Rushcutters Bay, Sydney Harbour.

10 COURSE

10.1 The courses shall be windward/leeward configurations with a leeward gate. The course length will be adjusted to provide an elapsed time of approximately 35 minutes.

10.2 A board displaying the course number will be displayed by the Committee Vessel.

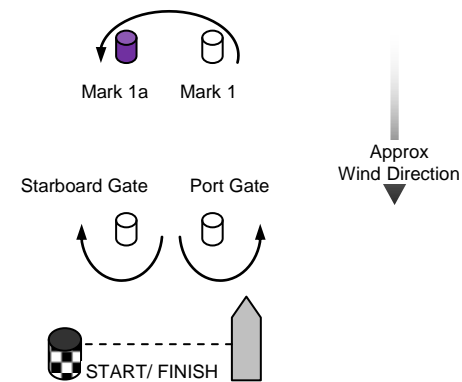
10.3 Mark 1 will be laid to windward of the start line. Mark 1a will be laid to port of Mark 1.

10.4 The Gate will be laid approximately 20 metres to windward of the starting line. (NB the Gate may be laid after the start).

10.5 Boats shall sail between the gate marks from the direction of the previous mark and round either gate mark. If only one gate mark is set, the mark shall be rounded to port.

10.6 The course descriptions are:

COURSE SIGNAL	COURSE CONFIGURATION All Marks rounded to PORT
1	Start – 1 – 1a – Finish (Downwind)
2	Start – 1 – 1a – Gate – 1 – 1a – Finish (Downwind)
3	Start – 1 – 1a – Gate – 1 – 1a – Gate – 1 – 1a – Finish (Downwind)



(Diagram – Not to scale)

11 MARKS

11.1 Mark 1 and the Gate Marks will be white inflatable marks

11.2 Mark 1a will be a purple inflatable mark.

11.3 The start/finish mark will be a checked black and white inflatable mark.

11.4 The change of course mark(s) as per SI 14.1 will be an orange inflatable mark.

12 THE START

12.1 The starting/finishing line will be a straight line between the course side of the start finish mark and a white flag with 'CYCA' in black on the flag mast on the RC boat.

12.2 An inner distance mark may be laid near the CV. Boats shall not pass between the CV and the mark after a preparatory signal.

12.3 Start signals will be made in accordance with RRS 26.

12.4 The Class Flag will be International Code Flag "W".

12.5 A boat shall not start later than 5 minutes after the start signal.

13 RECALLS

13.1 Individual and General recalls will be signaled in accordance with RRS 29.

14 CHANGING AND SHORTENING COURSE

- 14.1 When changing the position of the next mark, the RC will lay a change mark(s). Any subsequent marks may be relocated to maintain the original course configuration. Further changes of that mark will revert to the original mark(s).
- 14.2 After a change of course Mark 1a will no longer be a mark of the course.
- 14.3 Courses may be shortened in accordance with RRS 32.2.

15 ON WATER UMPIRING

- 15.1 On water umpiring shall operate during the series.
- 15.2 A boat intending to protest shall hail the protested boat and display Code Flag "Y" until acknowledged by the umpire.
- 15.3 The On Water Umpire (OWU) in respect of an incident in which Code Flag "Y" has been displayed shall either;
- (a) If the incident was not observed or if no adjudication is made, display Code Flag "Y".
 - (b) If the incident was observed, adjudicate the incident by either;
 - (i) Displaying a Green flag to indicate NO infringement.
 - (ii) Displaying a Red flag and indicate the penalised boat by hand signal, meaning a two turns penalty is imposed.
- 15.4 A boat involved in an incident may;
- (a) Prior to an adjudication by the OWU, carry out a 360° turn penalty, including one tack and one gybe, as per SI 1.3(c).
 - (b) After an OWU Red flag penalty, accept a two turns penalty and carry it out as per RRS 44.2.
- 15.5 A boat that fails to carry out an OWU penalty shall be subject to a protest hearing.
- 15.6 A boat may only lodge a protest for hearing (by displaying red flag) against another boat when;
- (a) A boat fails to accept a penalty turn.
 - (b) The OWU has made no signal or displayed Code Flag "Y".
- 15.7 A Boat lodging a protest as per SI 15.6 shall lodge the protest verbally with the CV as soon as possible after finishing in the race in which the incident occurred.
- 15.8 Protest hearings may be heard on the CV as soon as possible after the race in question has been completed. Only the OWU and one representative from each yacht shall be allowed to give evidence. The PC may consist of one member only.
- 15.9 The penalty for an infringement of a rule after a protest hearing shall be at the discretion of the PC. This amends RRS 64.1

16 THE FINISH

- 16.1 The starting/finishing line will be a straight line between the course side of an orange inflatable mark and a white flag with 'CYCA' in black on the flag mast on the RC boat.

17 BREAKDOWN AND TIME FOR REPAIRS

- 17.1 Before the warning signal of a race or within two minutes of finishing, whichever is

later, a boat may display a GREEN flag to signal breakdown or damage to the boat, her sails or injury to her crew and request a delay to the next start. She shall proceed as soon as possible to close to leeward of the CV and remain there, unless otherwise directed.

- 17.2 The time allowed for repairs shall be at the discretion of the RC.
- 17.3 After the warning signal of a race, a race will not be postponed or abandoned due to breakdown.
- 17.4 Except when RRS 62.1(b) applies, failure to effect repairs in the time allowed, or breakdowns after the warning signal shall not be grounds for redress. (Amends RRS 62)

18 TIME LIMIT

- 18.1 The time limit for all races will be 45 minutes, or within fifteen minutes of the first boat to finish, whichever is earliest.
- 18.2 Boats not finishing within the time limit shall be scored DNF (amends RRS 35)

19 SCORING

- 19.1 The Mount Gay Rum Top Jocks Regatta will consist of a maximum of six (6) races. The minimum races to constitute a series will be three (3)
- 19.2 The Low Point Scoring System of Appendix A of the RRS will apply except all races will count for total points.

20 MEDIA RIGHTS AND RESTRICTIONS

- 20.1 The conditions of entry include that competitors acknowledge that the OA owns all media rights to the event and may exercise those rights as it sees fit and that the OA has the unconditional perpetual right to publish and broadcast, for any purpose and in any media, photographs and video and audio recordings taken of boats and competitors during the event.

21 PRIZES

- 21.1 The Mount Gay Rum Top Jocks Perpetual Trophy will be presented to first place after the conclusion of the event.
- 21.2 Prizes will also be awarded to 1st, 2nd and 3rd overall.
- 21.3 The Prize Giving will take place on the dock following racing.

22 DISCLAIMER

- 22.1 All those participating in the event do so at their own risk and responsibility. Competitors must acknowledge this prior to competing, and release the OA and its sponsors and their respective officers, employees, volunteers and members from all liability by signing a form provided by the OA.

Specific attention is drawn to RRS Fundamental Rule 4, which states:

"The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

SI APPENDIX A - HANDLING THE BOATS

1. GENERAL

While all reasonable steps are taken to equalise the boats variations will not be grounds for redress. (Amends RRS 62)

2. PROHIBITED ITEMS and ACTIONS

Except in an emergency or in order to prevent damage or injury, or when directed by an umpire or the RO, otherwise, the following are prohibited:

- (a) Any additions, omissions or alterations to the equipment supplied.
- (b) The use of any equipment for a purpose other than that intended or specifically permitted.
- (c) The replacement of any equipment without the sanction of the RC.
- (d) Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- (e) Moving equipment from its normal stowage position except when being used.
- (f) Boarding a boat without prior permission.
- (g) Taking a boat from its berth or mooring without having permission from the RC, or on race days, while "AP" is displayed ashore.
- (h) Hauling out a boat or cleaning surfaces below the waterline.
- (i) Using a flattener as a reef.
- (j) Attaching lines to the fabric of spinnakers.
- (k) Perforating sails, even to attach tell tales.
- (l) Radio transmission & reception (including mobile telephones) while racing.
- (m) Adjusting or altering the tension of standing rigging.
- (n) The use of electronic instruments other than compass and watches.
- (o) Omitting any headsail car or turning block before sheeting.
- (p) Marking directly on the hull or deck with permanent ink.
- (q) Any adjustment to the spinnaker bags or their attachments.
- (r) Using the spinnaker pole to wing out the foresail
- (s) Other than registered crew, making adjustments to sails, fittings and running rigging.
- (t) The use of the shrouds above the lower bottle screw to facilitate tacking or gybing, or to aid the projection of a crew member outboard, is prohibited.

3. PERMITTED ITEMS and ACTIONS

The following are permitted:

3.1. Taking on board the following equipment:

- (a) Basic hand tools
- (b) Adhesive tape
- (c) Line (elastic or otherwise of 4 mm diameter or less)
- (d) Marking pens
- (e) Tell tale material
- (f) Watch, timers and hand held compass
- (g) Shackles and clevice pins
- (h) Velcro tape
- (i) Spare flags

3.2. Using the items in 3.1 to:

- (a) Prevent fouling of lines, sails and sheets
- (b) Prevent sails being damaged or falling overboard
- (d) Mark control settings
- (e) Make minor repairs & permitted adjustments
- (f) Attach tell tales
- (g) Make signals as per Appendix C6 or take bearings and timing

4. MANDATORY ITEMS and ACTIONS

The following are mandatory:

- 4.1. The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. Reports shall include any evidence of matters that could cause damage or disadvantage to the boat in future matches. Failure to submit a damage report on any day will result in a \$50 deduction from the crews damage deposit
- 4.2. At the end of each sailing day:
 - (a) Folding, bagging and placement of the sails as directed
 - (b) Leaving the boat in the same state of cleanliness as when first boarded that day.
- 4.3. At the end of the day for a particular boat, removing all trash and removing all tape and marks.
- 4.4. Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
- 4.5. Complying with any regulations, including speed restrictions and navigation marks, while leaving or returning to the berth or mooring.
- 4.6. A breach of items 4.2 and 4.3 will be considered damage and the cost of rectification will be deducted from the damage deposit.

SI APPENDIX B - EQUIPMENT LIST

1. The following non-fixed items, provided by the OA, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the daily damage report.

SAILS and SAILING EQUIPMENT

Mainsail and set of battens

Headsail

Spinnaker

One spinnaker pole

One spinnaker sheet

One headsail sheet

Tiller extension

Two jib cars

Boat identification flags – 2 yellow, 2 blue

Y flag

Green damage flag

Red flag

SAFETY GEAR

One bucket and lanyard

Two paddles

Tow rope

Three/four life jackets